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Level 500

Fundamental of Nursing Assignment

Nursing in Cameroon can be traced back to the colonial era when Cameroon was under German rule (1884-1916). During this time, healthcare was provided mainly by nuns from Germany. These nuns played a significant role in establishing nursing institutions and caring for the sick.

After World War I, Cameroon was divided between the British and the French. The British took over the northwest and southwest regions, while the French controlled the rest of the country. Nursing education in Cameroon started to develop under these colonial powers.

In the 1950s, the British administration set up the first school for nursing education in Cameroon, known as the Government School of Nursing in Victoria (now Limbe). This school provided registered nursing education to young Cameroonians.

On the French side, nursing education was introduced through the establishment of nursing schools in urban centers like Douala, Yaoundé, and Bafoussam. These schools prepared nurses to provide quality care in various areas, including general medicine, pediatrics, gynecology, and surgery.

After gaining independence in 1960 (for French Cameroon) and 1961 (for British Cameroon), the demand for healthcare services increased, leading to the expansion and modernization of nursing education in Cameroon. More nursing schools were established across the country to meet the growing need for skilled nurses.

In recent years, efforts have been made to improve nursing education and practice. The Cameroon Nurses' Association (CNA) was established to promote the professional development and welfare of nurses. The association serves as a platform for networking, advocacy, and the exchange of ideas among nurses in Cameroon.

It's important to note that nursing in Cameroon faces various challenges, including inadequate staffing, lack of resources, and limited professional development opportunities. However, the government and other stakeholders have been working towards addressing these challenges and improving the healthcare system as a whole.