

Experiential higher institute of science and technology(EXHIST).

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LEVEL: 500

DEPARTMENT: Nursing

TASKS: Assignment

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COURSE: Fundamentals of nursing.

Describe the history of a nursing profession in Cameroon

Answer,

According to Vergina Handerson, nursing has to do with assisting patients sick or well in the performance of those activities leading to recovery and where recovery isn't possible to a peaceful death, they would have performed if they were able.

Cameroon is a country in west central Africa of some 183,568 square miles. It has a population of 23.3 million people representing around 200 linguistic groups, including the colonial legacy of French and English. In the establishment of the republic of Cameroon in 1960, the country has continued to experience political and social tensions, but against this backdrop a contemporary nursing service has developed.

In the past, people used herbs and traditional medicine to treat themselves with the help of traditional herbalists which were men and women who exist up till date. They believed that these people possessed spiritual powers and could detect what was wrong in the human body through the rituals they performed and bring out solutions. Cases of pregnancy were handled by traditional birth attendants (TBAs), from this level nursing moved to the period of apprenticeship models where people especially women were trained in hospitals to take care of the sick and injured to advanced competency-based curricular in higher education. Here people are expected to go training for 3 years before obtaining a certificate to work in an organization as a nurse. At this level the nurse has the right to further their education right up to PHD level. Looking at the nursing profession from time back, there has been an improvement in nursing in Cameroon, this is seen in the increase accessibility of education, increase in recruitment of nurse and growth in professional association.