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fundamentals of nursing.
Nursing 500.
Assignment.
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The nursing profession in Cameroon has a rich and evolving history, reflecting the country's healthcare needs and development over the years. Here's a brief overview:

Early Years:

Nursing in Cameroon traces its roots back to the colonial era. During this time, nursing care was primarily offered by religious communities and missionaries. They established hospitals and nursing schools, which trained nurses in basic patient care.

Independence and Growth:

After gaining independence in 1960, Cameroon focused on building its healthcare system. The government established public healthcare facilities and expanded nursing education to meet the growing demand for healthcare professionals. Nursing schools were set up in major cities to train more nurses locally.

Professionalization and Regulation:

In the late 1970s, efforts were made to professionalize the nursing workforce. The Nursing and Midwifery Council of Cameroon (NMC) was established to regulate the nursing profession and ensure standardization of nursing education and practice. The NMC oversees licensure, registration, and continuing professional development of nurses in the country.

Role Expansion:

Over time, the role of nurses in Cameroon expanded to encompass a broader scope of practice. Nurses not only provide direct patient care but also participate in health promotion, disease prevention, and community health initiatives. They work in various healthcare settings, including hospitals, clinics, public health centers, and research facilities.

Current Challenges and Developments:

Cameroon faces several challenges in the nursing profession, such as a shortage of nurses, especially in rural areas, limited resources, and unequal distribution of healthcare facilities. However, there have been recent efforts to address these issues. The government, in collaboration with international organizations, is investing in training more nurses, improving working conditions, and implementing policies to attract and retain nursing professionals.

The future of nursing in Cameroon looks promising as efforts are being made to improve the profession's status, expand nursing education programs, and strengthen healthcare systems overall. Nurses continue to play a vital role in providing compassionate care and contributing to the health and well-being of the Cameroonian population.