

Experiential Higher Institute of Science and Technology(EXHIST).

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LEVEL: 500

DEPARTMENT: Nursing

TASK: Assignment

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COURSE: Fundamentals of nursing.

Describe the history of nursing profession in Cameroon.

First of all, according to Virginia H. , nursing is defined as assisting individuals sick or well in the performance of those activities leading to recovery and where recovery isn't possible to a peaceful death, they would have performed if they were able.

The nursing profession in Cameroon can be traced right from the colonization era but there is little or no documentation about it. The practice of medicine was non-conventional. In fact, this is generally referred to as traditional medicine as it is practiced today but which has evolved tremendously. If someone fell sick, the first thing he or she did was to try to heal his or her self through the use of concoction from herbs and backs of trees that could be found in the surrounding area of the places where they lived. Then, if they could not cure themselves, they would first turn to a traditional healer nearby. They visited the house of the healer, bringing with them offerings in kind. Since ancient times, our human ancestors have tried to maintain their health through proper.

A nursing training school was created in Ayos in 1933 by the French colonial masters.

British Cameroons lacked adequately qualified medical personnel. In 1938, after two years of British administration, Southern Cameroons had only six medical doctors (no indigenous medical doctor), one nursing sister, one sanitary superintendent, 25 male nurses, 6 female nurses, 6 dispensers, 5 sanitary inspectors (vaccinators), 23 other male Native Authority staff, and 3 other female Native Authority staff

The school that was opened in French Cameroon in 1938 contributed immensely to the training of indigenous physicians.

The first school for staff nurses was opened by the Catholic missionaries in North West region Shisong in 1954. The government later on opened another one in 1969. Cameroon had 150 medical centers and 50 doctors (Adna ebude, 2019).