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Assignment.

History in nursing in Cameroon

Before Cameroon became a German protectorate, a number of tribes occupied the territorial space

Known as Cameroon today. The practice of medicine was non-conventional. In fact, this is generally referred to as traditional medicine as it is practiced today but which has evolved tremendously. If someone fell sick, the first thing he or she did was to try to heal his or her self Through the use of concoction from herbs and backs of trees that could be found in the surrounding Area of the places where they lived. Then, if they could not cure themselves, they would first turn to a traditional healer nearby.

A nursing training school was created in Ayos in 1933 by the French colonial master, this school contributed immensely to the training indigenous nurses.

Stages of nursing: Nursing from ancient times in Cameroon to the nineteenth century is made up of early civilization, islam, Christianity, middle age and the nineteenth century.

The early development of nursing was rarely documented, so we must speculate about its character from what we know of early civilizations. The nurse was generally a member of the family or, if not, then a member of the community who demonstrated a special skill in caring for others. Nursing in this perspective was seen largely as a feminine role an extension of mothering. Indeed, the word nursing itself may have been derived from the same root as the words nourish and nurture. This view of nursing was prevalent in the earliest historical records and is still present in primitive cultures.

This year, more than six private schools were approved to train nurses. But the problem is that there are too few employment opportunities. The health care system cannot improve until it gets more funding...

- **Pre historic** period include, God, evil, sin cause disease. Making holes in the body to ward off disease
- **Middle age:** care was provided primary by religion orders, mainly by Nun sisters
- **Nursing as a profession:** this emerged in late 19 century and credit is given to Florence nightingale
- **Criteria of the profession of nurses:** the services provided are vital to humanity and the welfare of the society, there is special body of knowledge which is continually enlarge through research, practitioners are educated in higher education institution.

Types of trend in nursing in Cameroon: Nursing practice, nursing education, nursing service, nursing administration, ethical view, legal view, health care delivery system.

Trends in nursing practice in Cameroon: Comprehensive nursing care in hospital setting, primary health care, progressive patient care, team nursing, palliative nursing care, self-care concept, special care, quality care, public awareness, accreditation, trauma care, medical technology, nursing audit.



Trends in nursing health personnel: Staff nurse, ward sister, supervisor, assistant nursing superintendent, nursing superintendent, director nursing, clinical nurse specialist, nurse anesthetist, nurse research.

Trends in nursing services in Cameroon: Private duty nurse, community health nurse, nurse educator, nursing professor, clinician, advanced practice nurse, nurse administrator, military nurse etc.

Trends in nursing education in Cameroon: Auxiliary nurse/midwife, general nursing and midwife, post BSc in nursing, M.Sc., PHD in nursing, specialty care etc.

Trends in specialization in Cameroon: Pediatric nursing, oncology nursing, theatre nurse etc

Nurses are trained at professional schools and universities, most of which are state owned. They need four years of professional training. There are specialist courses for nurses too, including options to move on to masters and PhD programmed. Finally, we have assistant nurses.



