

**EXPERIENTIAL HIGHER INSTITUTE OF SCIENCE AND TECHNOLOGY (EXHIST)
YAOUNDE**

NAME: LAFOMO BERKPU CHIARA MATRICULE: EB23NU011 LEVEL:500

COURSE: FUNDAMENTALS OF NURSING LECTURER: MR NGANG NELSON

QUESTIONS AND ANSWERS

1.a. What motivated you to join the nursing profession?

My passion for nursing started way far back in the year 1997 when my family was poisoned. When we arrived the hospital, the nurses attended to us promptly and were able to save our lives in due time with first aid measures.

b. If you were to start all over today, will you still choose nursing

Yes, if I were to start over, I will still choose nursing again and again because this is a profession, I obtain personal satisfaction and fulfilment from.

2.What are your values and philosophy as a person?

Values refers to the regard that something is held to deserve, worth or usefulness of something as a person. My values include

- Integrity, Compassion, Respect, Family, Empathy, Collaboration.

Personal philosophy refers to an individuals foundational beliefs attitudes that guide his or her perspective, decision and behaviour (Covey, 1989). My personal philosophies include;

- Respect for humanity. Pursuit of knowledge. Strive for balance in all areas of life. Patience
Focus on self improvement. Integrity.

3.a. Career wise where do you expect to see yourself in the next 5years?

In five years from now I see myself as a holder of a master's degree in public health and a diploma in ophthalmology.

b. How will you get to 3a above?

Presently I am in my second year of becoming an ophthalmologist nurse. So, when I finish my degree program alongside the specialisation program will then enrol for a master's program in public health. Which will take me two years with no hitches hopefully.