

Experiential higher institute of science and technology(EXHIST).

NAME: Mbeh Gillian A.

LEVEL: 500

DEPARTMENT: Nursing

TASKS: Assignment

DATE: 31\10\2023

COURSE: Fundamentals of nursing.

Describe the history of nursing profession in Cameroon

Answer.

According to Vergina Handerson, is define as assisting individual sick or well in the performance of those activities leading to recovery and where recovery isn't possible to a peaceful death, they would have performed if they were able.

Cameroon is a country in west central Africa of some 183,568 square miles.it has a population of 23.3 million people representing around 200 linguistic groups, including the colonial legacy of French and English.in the establishment of the republic of Cameroon in 1960, the country has continued to experience political and social tensions, but against this backdrop a contemporary nursing service has developed.

Before Cameroon became a German protectorate, a number of tribes occupied the territorial space known as Cameroon today. The practice of medicine was non-conventional. In fact, this is generally referred to as traditional medicine as it is practiced today but which has evolved tremendously. If someone fell sick, the first thing he or she did was to try to heal his or her self through the use of concoction from herbs and backs of trees that could be found in the surrounding area of the places where they lived. Then, if they could not cure themselves, they would first turn to a traditional healer nearby. They visited the house of the healer, bringing with them offerings in kind. Since ancient times, our human ancestors have tried to maintain their health through proper. Later on a nursing training school was created in Ayos in 1933 by the French colonial masters. This school contributed immensely to the training of indigenous physicians. In 1939, French Cameroon had 150 medical centers and 50 doctors (Adna ebude, 2019).

